


THE HANA CENTER

HOLISTIC HEALTHCARE FOR FAMILIES

www.theohanacenter.com

2245 West Great Neck Road
Virginia Beach, VA 23451

Chair Massage		
<p><u>45 Min Chair Massage</u></p> <p>1 - \$50.00 each (Your Cost \$50.00) 5 - \$47.00 each (Your Cost \$235.00) 10 - \$45.00 each (Your Cost \$450.00)</p>		<p><u>10 Min Chair Massage</u></p> <p>1 - \$15.00 each (Your Cost \$15.00) 5 - \$12.00 each (Your Cost \$60.00) 10 - \$10.00 each (Your Cost \$100.00)</p>
<p><u>30 Min Chair Massage</u></p> <p>1 - \$35.00 each (Your Cost \$35.00) 5 - \$32.00 each (Your Cost \$161.00) 10 - \$30.00 each (Your Cost \$300.00)</p>	H	<p><i>Table Massages - Custom Blended of Swedish/Deep Tissue/Myofascial Release.</i></p>
<p><u>25 Min Chair Massage</u></p> <p>1 - \$30.00 each (Your Cost \$30.00) 5 - \$27.00 each (Your Cost \$135.00) 10 - \$25.00 each (Your Cost \$250.00)</p>	A	<p><u>1 Hour Table Massage</u></p> <p>1 - \$95.00 each (Your Cost \$95.00) 3 - \$88.00 each (Your Cost \$264.00) 5 - \$85.50 each (Your Cost \$427.50) 10 - \$83.00 each (Your Cost \$830.00)</p>
<p><u>20 Min Chair Massage</u></p> <p>1 - \$25.00 each (Your Cost \$25.00) 5 - \$22.00 each (Your Cost \$110.00) 10 - \$20.00 each (Your Cost \$200.00)</p>	N	<p><u>90 Min Table Massage</u></p> <p>1 - \$130.00 each (Your Cost \$130.00) 3 - \$120.00 each (Your Cost \$360.00) 5 - \$117.00 each (Your Cost \$585.00) 10 - \$112.00 each (Your Cost \$1,120.00)</p>
<p><u>15 Min Chair Massage</u></p> <p>1 - \$20.00 each (Your Cost \$20.00) 5 - \$17.00 each (Your Cost \$88.00) 10 - \$15.00 each (Your Cost \$150.00)</p>	A	<p>***NEW Pricing Effective*** February 1, 2022 for NEW CLIENTS</p>

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Classes

<i>Couples Massage Instruction</i>	<i>Infant/toddler Massage Instruction</i>
<p><u>Couples massage instruction (2 hours)</u></p> <p>\$150 per couple in office</p> <p><i><u>In Home Parties</u></i></p> <p>2 couples @ \$125 per couple</p> <p>3 couples @ \$100 per couple</p> <p>4 couples @ \$80 per couple</p>	<p><u>Infant/toddler class (4 one hour classes)</u></p> <p>\$150 for all 4 classes</p>
<p><u>Gluten Free 101</u></p> <p>Please Inquire for Details</p>	<p><u>Stress and Pain Management</u></p> <p>Please Inquire for Details</p>