


THE HANA CENTER

HOLISTIC HEALTHCARE FOR FAMILIES

www.theohanacenter.com ***Richmond and Virginia Beach locations***

Chair Massage		
<p><u>45 Min Chair Massage</u></p> <p>1 - \$50.00 each (Your Cost \$50.00) 5 - \$47.00 each (Your Cost \$235.00) 10 - \$45.00 each (Your Cost \$450.00)</p>		<p><u>10 Min Chair Massage</u></p> <p>1 - \$15.00 each (Your Cost \$15.00) 5 - \$12.00 each (Your Cost \$60.00) 10 - \$10.00 each (Your Cost \$100.00)</p>
<p><u>30 Min Chair Massage</u></p> <p>1 - \$35.00 each (Your Cost \$35.00) 5 - \$32.00 each (Your Cost \$161.00) 10 - \$30.00 each (Your Cost \$300.00)</p>	H	<p><i>Table Massages - Custom Blended of Swedish/Deep Tissue/Myofascial Release.</i></p>
<p><u>25 Min Chair Massage</u></p> <p>1 - \$30.00 each (Your Cost \$30.00) 5 - \$27.00 each (Your Cost \$135.00) 10 - \$25.00 each (Your Cost \$250.00)</p>	A	<p><u>1 Hour Table Massage</u></p> <p>1 - \$75.00 each (Your Cost \$75.00) 3 - \$69.00 each (Your Cost \$207.00) 5 - \$67.50 each (Your Cost \$337.50) 10 - \$66.00 each (Your Cost \$660.00)</p>
<p><u>20 Min Chair Massage</u></p> <p>1 - \$25.00 each (Your Cost \$25.00) 5 - \$22.00 each (Your Cost \$110.00) 10 - \$20.00 each (Your Cost \$200.00)</p>	N	<p><u>90 Min Table Massage</u></p> <p>1 - \$110.00 each (Your Cost \$110.00) 3 - \$101.00 each (Your Cost \$304) 5 - \$99.00 each (Your Cost \$495) 10 - \$96.00 each (Your Cost \$966)</p>
<p><u>15 Min Chair Massage</u></p> <p>1 - \$20.00 each (Your Cost \$20.00) 5 - \$17.00 each (Your Cost \$88.00) 10 - \$15.00 each (Your Cost \$150.00)</p>	A	

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Classes

<i>Couples Massage Instruction</i>	<i>Infant/toddler Massage Instruction</i>
<p><u>Couples massage instruction (2 hours)</u></p> <p>\$150 per couple in office</p> <p><i><u>In Home or Onsite Parties</u></i></p> <p>2 couples @ \$125 per couple 3 couples @ \$100 per couple 4 couples @ \$80 per couple</p>	<p><u>Infant/toddler class (4 one hour classes)</u></p> <p>\$150 for all 4 classes</p> <p><i><u>In Home or Onsite Parties</u></i></p> <p>2 couples @ \$125 per couple 3 couples @ \$100 per couple 4 couples @ \$80 per couple</p>
<p><u>Gluten Free 101</u></p> <p>Please Inquire for Details Corporate lunch and learn available</p>	<p><u>Stress and Pain Management</u></p> <p>Please Inquire for Details Corporate lunch and learn available</p>
<p><i>Essential Oils Make and Take</i></p> <p>\$15-\$25 varies based on class/products made Corporate lunch and learn available</p>	<p><i>Law of Attraction Workshops</i></p> <p>\$15-\$25 varies based on class Corporate lunch and learn available</p>